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Patient Intake

Today's Date: ____/____/____

Name: _____ Age _____ Date of Birth _____

Local Address _____ City _____ State _____ Zip _____

Out of Town Address _____ City _____ State _____ Zip _____

Marital Status _____ Sex _____ S.S.# _____ Home Phone _____ Cell. Phone _____

Email Address: _____ Employer _____

Occupation _____ Address/Phone _____ Spouse _____

Emergency Contact _____ Phone _____ Relationship _____

How did you hear about our office?

Yellow Pages Drive By Walk-In Internet Referral (Please tell us who) _____ Other: _____

Health Insurance Information

Primary Insurance _____ Policy Holder's Name _____ DOB _____

Policy Holder's Relationship to Patient _____ Policy Holder's Employer _____

Accident Information (SKIP this section if you were not involved in an accident)

Is your condition due to an: Auto Injury Work Injury Slip and Fall Other Accident (describe below)

Date of Accident _____ Place (City/State) _____

Auto/Work Insurance Company _____ Insured's Name and DOB _____

If Auto Injury, have you reported the accident to your insurance company? No Yes Claim # _____

If Work Injury, have you reported the accident to your supervisor/boss? No Yes Claim # _____

If Slip and Fall or Other Type of Injury, please describe: _____

Do you have an Attorney for your Auto or Work Comp. injury Yes No

Please provide Attorney Name, address and phone # _____

Current complaint

I. Please list your **worst** complaint: _____ How long have you had it: _____

How did it start: _____ A) Is it: Improving Worsening Staying the Same B) Is it: Mild Moderate

Severe C) What worsens it: General activity Moving Wrong Bending Lifting Walking Sports Getting up from a chair

Using a computer/desk work Other: _____ D) What makes it better: Rest General Activity Ice Packs

Heating Pad OTC Meds Rx Meds Massage Chiropractic Other: _____ E) Is it worse in the: AM PM

After day wears on Steady Off and on F) Is the symptom: Dull and Achy Tight and Stiff Sharp and Stabbing

Numb and Tingly Shooting Burning Cramping

II. Please list your **2nd worst** complaint: _____ How long have you had it: _____

How did it start: _____ A) Is it: Improving Worsening Staying the Same B) Is it: Mild Moderate

Severe C) What worsens it: General activity Moving Wrong Bending Lifting Walking Sports Getting up from a chair

Using a computer/desk work Other: _____ D) What makes it better: Rest General Activity Ice Packs

Heating Pad OTC Meds Rx Meds Massage Chiropractic Other: _____ E) Is it worse in the: AM PM

After day wears on Steady Off and on F) Is the symptom: Dull and Achy Tight and Stiff Sharp and Stabbing

Numb and Tingly Shooting Burning Cramping

III. Please list your 3rd worst complaint: _____ How long have you had it: _____

How did it start: _____ **A) Is it:** Improving Worsening Staying the Same **B) Is it:** Mild Moderate
Severe **C) What worsens it:** General activity Moving Wrong Bending Lifting Walking Sports Getting up from a chair
Using a computer/desk work Other: _____ **D) What makes it better:** Rest General Activity Ice Packs
Heating Pad OTC Meds Rx Meds Massage Chiropractic Other: _____ **E) Is it worse in the:** AM PM
After day wears on Steady Off and on **F) Is the symptom:** Dull and Achy Tight and Stiff Sharp and Stabbing
Numb and Tingly Shooting Burning Cramping

On a scale of 0-5, rate how your pain affects the following: Self Care____ Lifting____ Walking____ Working____
Sitting____ Standing____ Sleeping____ Sporting/Social Activities____ Driving/Traveling____

Current Health

- Name, address and phone number of family doctor _____
- Are you currently under any doctor's care for an illness or injury? If so, please list his/her name and address _____ Nature of illness or injury _____
- If you are currently taking any prescription or nonprescription medications, please list them below with dosages:
Medication: _____ Dose: _____ Medication: _____ Dose: _____
Medication: _____ Dose: _____ Medication: _____ Dose: _____
- Please list any medications you are allergic to: _____
- Please indicate your height and weight _____ What is your usual blood pressure _____/_____

Health History

- List any operations, surgeries or medical procedures:
Date: _____ Procedure: _____ Date: _____ Procedure: _____
Date: _____ Procedure: _____ Date: _____ Procedure: _____
 - If you have ever had in the past or currently have any serious illnesses or injuries, please list:
Date: _____ Condition: _____ Date: _____ Condition: _____
Date: _____ Condition: _____ Date: _____ Condition: _____
 - Any current loss of bowel or bladder control: Yes No Any current seizures, paralysis, speech, vision problems: Yes No
Any unexplained recent weight loss: Yes No Current fever: Yes No Current nutritional problems: Yes No
 - Please list any significant family illnesses _____
 - Have you had spinal X-Rays within the past 5 years? If yes, when and where _____
 - **Do you have a pacemaker?** Yes No **If yes, please ALERT our doctor and/or chiropractic assistant**
 - Please list any other electrical device that you currently wear _____
 - Please select one: I have never smoked Former smoker Current smoker, if so how much: ____ pk./day ____ pk./wk.
 - Please select one: I don't drink alcohol Rarely drink Social drinker Heavy drinker (____ oz. per day/week)
 - Have you ever had chiropractic care Yes No If yes, last date of treatment _____ Results: _____
- What are your overall expectations from your treatment with our doctor: _____

I, the undersigned, hereby give my consent for the doctor to examine and treat my condition as he/she deems appropriate through the use of Chiropractic care. I also give my consent to the doctor to take x-rays (if needed) or to perform other diagnostic aids as he/she deems appropriate in my case. • **WOMEN ONLY** I hereby declare that to the best of my knowledge, I am I am not pregnant. If there is a chance that I may be pregnant, I will inform the doctor prior to my examination.

Patient Signature _____

(Parent/Guardian signature if under 18 years of age)

GENERAL/FINANCIAL POLICY

Welcome to Simple Relief Wellness Center. We strive to provide you with excellent Chiropractic care in a clean, friendly, professional setting and our goal is to make your visits as convenient as possible.

By signing below, you confirm that you have read this policy and understand that:

- It is your responsibility to inform our office of any address or telephone number changes.
- Your account is to be kept current. All self pay or insurance copayments, co-insurances and deductibles will be collected at the time of service payable by cash, check, Visa, MasterCard, Discover, American Express or Care Credit.
- If you do not have your payment (s), your appointment may be rescheduled.
- If you are unable to keep a scheduled appointment, please notify us no later than the day before so that we may offer that time to another patient. **There is a \$25.00 charge for missing a half hour massage appointment and a \$50.00 charge for missing a full hour massage appointment without proper notification. Hour massage appointments will be booked with a credit card on file.**
- A returned check will result in a \$25.00 service charge and all future payments being required in the form of cash or credit card.
- You will only be sent a statement if your balance exceeds \$5.00.
- There is a \$35.00 charge for the completion of paperwork (ex: disability, FMLA, etc).
- If your account is turned over to a collection agency, you will be responsible for any costs incurred in collection of said balance, which may include collection agency fees up to 35% of your outstanding balance, court costs and attorney fees.

IF YOU HAVE HEALTH INSURANCE COVERAGE: As a courtesy to you, our office will attempt to pre-verify your primary insurance coverage for your Chiropractic care. Coverage information is obtained from your insurance company using information provided by you prior to your initial visit. **We must emphasize that as medical providers, our relationship is with you, not your insurance company.** Please be advised that the information provided by your insurance company is not a guarantee of payment, only an estimate of what might be covered under your policy at the time of inquiry.

By signing below you confirm you understand that:

- It is your responsibility to inform us of any changes to your insurance policy so that your coverage can be re-verified.
- Not all services are a covered benefit with all insurance plans.
- It is your responsibility to be aware of what service (s) is being provided to you and if it is a covered benefit under your insurance.
- You are responsible for any non-covered charges not payable by your insurance policy.
- We will send all required claim forms and documentation to ensure your claims are processed in a timely manner.
- Final determination of benefits available is determined when the claim is sent to your insurance company and we receive an explanation of benefits from them.
- After all co-pays, contracted plan reductions and insurance payment credits are applied to your account, any remaining portion will be your responsibility.
- If you are a **MEDICARE PATIENT**, please be advised that Medicare **only covers** Spinal Adjustments in a Chiropractor's office. All services outside of the Spinal Adjustment in our office will be your financial responsibility.

We realize that temporary financial problems may affect timely payment of your account. If such problems do arise, we urge you to contact us promptly for assistance in the management of your account. If you have any questions about the above information, *please* do not hesitate to ask us. **WE ARE HERE TO HELP YOU.**

By signing below, you have read and understand the above Financial Policy and agree to meet all financial obligations.

Printed Name

Signature of Patient/Legal Guardian

Date

CONSENT TO RELEASE INFORMATION: In the event that you ever wish to have a family member or friend come to our office and get a copy of your medical records for whatever reason, we ask that you sign below allowing them to do so. By signing below I hereby give my consent for Simple Relief Wellness Centers to release your medical information to the following:

Name of Family Member/Friend

Signature of Patient/Parent/Legal guardian

Date

CONSENT TO TREAT A MINOR: I hereby authorize and give consent for the Chiropractic Physicians at Simple Relief Wellness Center to examine, and if needed, treat my minor child _____.

Print child's name here

Printed Name

Signature of Patient/Legal Guardian

Date